

QUADRA INSTITUTE OF AYURVEDA - ROORKEE.

BAMS FIRST YEAR TIME TABLE BATCH 2020-2025 (NEW)

OFFLINE CLASSES w.e.f - 16 AUGUST 2021

DAYS/TIME	9 Am to 10 Am	10 Am to 11 Am	11 Am to 12 Pm	12 Pm to 1 Pm	1 Pm to 2 Pm	2.00 Pm to 4.00 Pm
MONDAY	Kriya Sharir Theory Dr Ashbeesh	Rachna Sharir Theory Dr Ankit Tyagi	Ay. Ka Ithas Dr Saroj Pandey	Ashfang Hridayam (Practical) Dr Neha		Practicals of Kria Sharir and Rachna Sharir on Rotation Basis
	Kriya Sharir Theory Dr Ashbeesh	Rachna Sharir Theory Dr Ankit Tyagi	Ay. Ka Ithas Dr Saroj Pandey	Ashfang Hridayam Dr Neha		
TUESDAY	Kriya Sharir Theory Dr Ashbeesh	Rachna Sharir Theory Dr Ankit Tyagi	Sanskrit Dr Saroj Pandey	Padarth Vigyan Dr Neha		
WEDNESDAY	Kriya Sharir Theory Dr Ashbeesh	Rachna Sharir Theory Dr Ankit Tyagi	Sanskrit Dr Saroj Pandey	Padarth Vigyan Dr Neha		
THURSDAY	Kriya Sharir Theory Dr Ashbeesh	Rachna Sharir Theory Dr Jitendra Sharma	Sanskrit Dr Saroj Pandey	Padarth Vigyan Dr Neha		
FRIDAY	Kriya Sharir Theory Dr. Rachna	Rachna Sharir Theory Dr Jitendra Sharma	Sanskrit Dr Saroj Pandey	Padarth Vigyan Dr Neha	L U N C H	
SATURDAY	Kriya Sharir Theory Dr. Rachna	Rachna Sharir Theory Dr Jitendra Sharma	Sanskrit Dr Saroj Pandey	Padarth Vigyan Dr Neha		

PRINCIPAL

QUADRA INSTITUTE OF AYURVEDA ROORKEE.

BAMS SECOND YEAR (NEW) TIME TABLE (2019-2024) BATCHI w.e.f -23 August 2021

TIME TABLE FOR OFFLINE CLASSES

DAYS/TIME	9.00 to 10 Am	10 Am to 11 Am	11 Am to 12 Pm	12 Pm to 1 Pm	1.00 Pm to 2 Pm	2.00 to 4 Pm
MONDAY	Dravyaguna (Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer	LUNCH	Charak (P) Dr R Jain	Practicals of Dravyaguna, Ras Shashtra and Rog Nidan on Rotation Basis
	Dravyaguna (Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer		Charak (P) Dr R Jain	
WEDNESDAY	Dravyaguna (Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer	Charak (P) Dr R Jain		
THURSDAY	Dravyaguna (Theory) Dr Ekta Naithani	RSBK Dr Vivek	Rog Nidan Theory Dr Mayank	Charak (P) Dr R Jain		
FRIDAY	Dravyaguna (Theory) Dr Pradeep Kumar	RSBK Dr Vivek	Rog Nidan Theory Dr Mayank	Charak (P) Dr R Jain		
	Dravyaguna (Theory) Dr Pradeep Kumar	RSBK Dr Vivek	Rog Nidan Theory Dr Mayank	Charak (P) Dr R Jain		
SATURDAY	Dravyaguna (Theory) Dr Pradeep Kumar	RSBK Dr Vivek	Rog Nidan Theory Dr Mayank	Charak (P) Dr R Jain		

Principal

QUADRA INSTITUTE OF AYURVEDA ROORKEE.
BAMS 3rd YEAR BATCH (2017-2022)
 w.e.f - 11.12.2021

TIME TABLE FOR OFF LINE CLASSES

DAYS/TIME	9.00 Am to 10:00 Am	10:00 Am - 12.00 PM	12.00PM - 1.00PM	1.0 Pm -2.00 Pm	2.00 Pm to 3.00 Pm	3.00 Pm to 4.00 Pm
MONDAY	Agad (Theory) Tantra Dr.S.Prabhakar	PRACTICALS ON THE BASIS OF ROTATION	Prasuti - Sri Rog Rog Dr.Preeti	L	Dr Saurabh Swasth Vritta	Charak (U) Dr Neha
TUESDAY	Agad (Theory) Tantra Dr.S.Prabhakar		Prasuti - Sri Rog Dr.Preeti		Dr Saurabh Swasth Vritta	Charak (U) Dr Neha
WEDNESDAY	Agad (Theory) Tantra Dr.S.Prabhakar	Swasth Vritta	Prasuti - Sri Rog Dr.Preeti	L	Dr Saurabh Swasth Vritta	Bal Rog (Theory) Dr Anurita
THURSDAY	Agad (Theory) Tantra Dr.Deepika		Prasuti - Sri Rog Dr Manpreet		Dr Saurabh Swasth Vritta	Bal Rog (Theory) Dr Anurita
FRIDAY	Agad (Theory) Tantra Dr.Deepika	Bal Rog	Prasuti - Sri Rog Dr Manpreet	U	Dr Rashmi Swasth Vritta	Bal Rog (Theory) Dr Sujata
		AGAD TANTRA	Prasuti - Sri Rog Dr Manpreet		N	
SATURDAY	Charak (U) Dr. Neha	PRASUTI TANTRA	Prasuti - Sri Rog Dr Manpreet	C	DR Rashmi Swasth Vritta	Bal Rog (Theory) Dr Sujata

PRINCIPAL

NOTE- It is compulsory for All students to follow the rules as declared by central Govt/ State Govt/ Univ etc like social Distancing, Submission of Negative Covid

QUADRA INSTITUTE OF AYURVEDA ROORKEE.

Offline Classes

BAMS 4th YEAR TIME TABLE BATCH 2017 w.e.f – 01.12.2021

DAYS/TIME	9.00-12.00 pm	12.00-01.00 am	01.00-02.00 Pm	02.00-03.00 pm	03.00-04.00 pm
MONDAY	Clinical Lab Kayachikitsa, Shalya, Shalakyia, Panchkarma One Week Rotation Basis	Kaya Chikitsa Theory DR Vishal	Shalakyia Theory Dr Sarvesh Kumar	LUNCH	Shalya Tantra Dr Bhoorni
		Kaya Chikitsa Theory DR Vishal	Shalakyia Theory Dr Sarvesh Kumar		Shalya Tantra DR Bhoorni
TUESDAY	Batches A-01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to59	Kaya Chikitsa Theory DR Sanjay	Shalakyia Theory Dr Sarvesh Kumar	LUNCH	Research methodology & Biostatics
		Kaya Chikitsa Theory DR Rajnikant	Shalakyia Theory Dr Yogesh		Panch Karma Theory Dr Anit
		Kaya Chikitsa Theory Dr Charu	Panch Karma Theory Dr Shreyasi		Shalya Tantra Dr Saurabh
FRIDAY		Kaya Chikitsa Theory Dr Charu	Panch Karma Theory Dr Shreyasi	LUNCH	Shalya Tantra DR Saurabh
		Kaya Chikitsa Theory Dr Charu	Panch Karma Theory Dr Shreyasi		Shalya Tantra DR Saurabh
SATURDAY		Kaya Chikitsa Theory Dr Charu	Panch Karma Theory DR Shreyasi		Shalya Tantra DR Saurabh


PRINCIPAL

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